



## Welcome to The Market, neighbor!

The Market is open six days a week. We have shopping hours, where you can walk throughout the Market and make your own selections. **Arrive 15 minutes before closing.**

### In-person Shopping hours are:

Monday	9 a.m. – 12 p.m.	1 p.m. – 4 p.m.
Tuesday	10 a.m. – 12 p.m.	1 p.m. – 4 p.m.
Wednesday	9 a.m. – 12 p.m.	1 p.m. – 4 p.m.
Thursday	10 a.m. – 12 p.m.	1 p.m. – 4 p.m.
Friday	9 a.m. – 12 p.m.	1 p.m. – 4 p.m.
Saturday	9 a.m. – 12 p.m.	

During certain times of the day we will be able to help, but you will not be able to choose your own items. This will happen when we are restocking the shelves or during shift changes. During these times, we provide a Market Mix Pick-up that has been preselected and packed with care by the Market team.

### Market Mix Pick-up hours are:

Monday	8 a.m. – 9 a.m.	12 p.m. – 1 p.m.	4 p.m. – 4:30 p.m.
Tuesday	8 a.m. – 10 a.m.	12 p.m. – 1 p.m.	4 p.m. – 4:30 p.m.
Wednesday	8 a.m. – 9 a.m.	12 p.m. – 1 p.m.	4 p.m. – 4:30 p.m.
Thursday	8 a.m. – 10 a.m.	12 p.m. – 1 p.m.	4 p.m. – 4:30 p.m.
Friday	8 a.m. – 9 a.m.	12 p.m. – 1 p.m.	4 p.m. – 4:30 p.m.
Saturday	8 a.m. – 9 a.m.	12 p.m. – 12:30 p.m.	

Need help outside of these hours? Call 2-1-1 to get connected to help. The Food Bank can help Monday - Friday 8:30 a.m. - 4:30 p.m. at 412-460-3663 ext.655.